

# Post-Care Instructions for Permanent Eyeliner

## Overview

This procedure involves implanting pigment along the lash line to create the appearance of eyeliner.

## Immediate Care (First Few Days)

- **Swelling Relief:** If your eyes are swollen, apply a cotton pad soaked in distilled water as a compress.
- **Gentle Cleansing:** Wash the skin around your eyes morning and night using a gentle, unscented soap.
- **Drying:** Pat the area dry with a tissue.
- **Moisturizing:** Apply ointment if the skin appears flaky or feels tight.

## For the Next Three Days

- **Avoid Water Exposure:** Stay away from activities that may wet the area, such as intense workouts, saunas, swimming, and long showers.
- **Hands Off:** Refrain from touching the treated area with your hands.
- **No Makeup:** Do not use any serums or eye makeup, including mascara, for at least two days or until the area is fully healed.
- **Showering Precautions:** Avoid putting your face directly under the shower stream.

## If Your Eyelids Feel Tight During the Day

- Apply post-care ointment or use small cool compresses as needed for relief.

## Why Avoid Water on the Eyelids?

- Water in the treatment area can delay healing, loosen the skin, and lighten the pigment.
- Sweat may push the pigment out, leading to blurring or premature fading.

## What to Expect After the Eyeliner Procedure

- Swelling, redness, and a slight stinging sensation are normal in the first few days post-procedure.
- Expect some scabbing or flaking in the treatment area, along with feelings of tightness or itching.
- Scabs typically heal within 7-10 days. Avoid picking at them to ensure proper healing.