

Post-Care Instructions for Permanent Lip Blush

Overview

This procedure implants pigment into the lips to correct uneven or invisible lip lines and create brighter, fuller lips.

Immediate Care (First Few Days):

- Lips may ooze during the first few days post-procedure.
 - Gently pat the lips to assist lymphatic drainage.
- Cleanse the lips with warm water and gentle soap using a cotton pad, then blot dry.
- Apply post-care ointment to lips for three weeks or until no more scabs are present.

Avoid the Following for 3-5 Days:

- Getting the lips wet.
- Touching, biting, or rubbing the lips, as it can cause irritation, infection, and loss of pigmentation.
- Salty or spicy foods.
- Toothpaste on your lips. If possible, brush your teeth with water only for the first 72 hours. Do not use teeth whitening products for three weeks.
- Wearing lipstick or creams on the lips.

Additional Precautions:

- Use a straw when drinking to avoid contact with the lips.
- Avoid strenuous exercise, excessive sweating, and steamy showers. Sweating may cause pigment loss or blurring.

Why Avoid Water on the Lips?

- Water can delay the healing process, loosen the skin, and cause pigment loss or blurring.

If Your Lips Feel Tight During the Day:

- Apply post-care ointment as needed.

What to Expect After a Lip Blush Procedure:

- Some oozing, scabbing, and flaking of the treatment area is normal.
- Tightness and mild itching are part of the healing process.